

HERE'S WHAT AA SAYS ABOUT AA

Alcoholics Anonymous is a fellowship of men and women who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from alcoholism.*

Alcoholics Anonymous is not allied with any sect, denomination, politics, organization, or institution.*

Our primary purpose is to stay sober and to help other alcoholics to achieve sobriety.*

Millions of people have found recovery through AA, including many who were sent by the courts or their employers. There are AA meetings in virtually every country in the world, from Australia to Zambia.

While some who are sent to AA attend the required meetings and never come back, others keep coming back because they find that AA helps them live without alcohol.

If a judge, court, school, or employer has sent you to AA meetings, it is because they believe there is evidence that you may have a drinking problem. We had nothing to do with their decision, but AA does provide information about alcoholism to interested parties. AA is not part of the legal system.

(* Reprinted with permission from the AA Grapevine.)

IF YOU COME REMEMBER A FEW POINTS:

- You are a welcome guest.
- While most meetings will sign attendance sheets, some will not. It's up to each individual meeting to decide, since AA is not allied with the court system. If you arrive at a meeting early, you can ask the secretary or leader if they will sign your sheet. Sheets are signed at the end of the meeting.
- If a meeting leader or secretary agrees to sign your sheet, they will probably just sign their first name or initials. We are personally anonymous.
- Many meetings are open. Anyone may attend. Some are closed. Closed meetings are for alcoholics only. Please do not bring friends or family members to closed meetings.
- If you have any questions, please ask them before the meeting starts, during a meeting break, or when the meeting is over. You can always find someone willing to talk to you and answer your questions.
- You can always say "I pass." You are never required to identify yourself or speak at an AA meeting. If a discussion comes to you, say "I pass" if you don't wish to participate.

- The men and women who voluntarily attend regular AA meetings are alcoholics. They come from all walks of life.

- In AA we respect all members anonymity. While you are free to take, repeat, and use any of the ideas or concepts that you hear at a meeting, please do not identify anyone you heard or saw there.

- The only requirement for membership is a desire to stop drinking.

- There are no dues or fees for AA membership. We are fully self-supporting through our own contributions. We pass the basket to pay our rent and expenses. You are not obligated to contribute.

FOR INFORMATION:
CALL THE 24 - HOUR HELP LINE
(941) 951-6810

REMEMBER

No one can tell you that you are an alcoholic. People may point out indications that you have a drinking problem – loss of control, drunken driving, arrests, lost jobs, broken marriages or relationships, blackouts, the shakes, etc. Only you can decide if you are actually an alcoholic. If you decide that you are an alcoholic, then we invite you to keep coming back.



**Ordered
To Attend
AA?**

**You Are Not Alone
And
You Are Not
The First**

Many of us were sent to our first AA meetings by judges as a result of being arrested for drunken driving, family disputes, or some other problem involving alcohol. Some of us were sent here by our employers.

If you've come to AA for any of these reasons, you probably have some questions.

*We hope this pamphlet
answers some of them.*

www.aasrq.org

AA Help Line (941) 951-6810

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